

Main Hospice, Brentry

St Peter's Hospice
Charlton Road, Brentry
Bristol BS10 6NK

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Fundraising Office, Long Ashton

Block C, Estune Business Park,
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Long Ashton, BS41 9FH

Tel: 01275 391 400

Bereavement Drop-In Service

Monthly meeting place for companionship and support held at St Peter's Hospice, Brentry.

A friendly and welcoming space for those who have experienced the loss of someone close to them.

www.stpetershospice.org



Registered Charity No. 269177



St Peter's Hospice
For Patients, Families and Bristol



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Drop-In Service

Who are the Drop-in sessions intended for?

The sessions are for the families of those who have received services from St Peter's Hospice prior to their death. The drop-in sessions are designed to offer a friendly and welcoming space where you can talk to other people without worrying that you are upsetting or burdening them – everyone there will be experiencing the loss of someone close to them.

How can other people help?

It can be extremely distressing and lonely when someone close to you has died and talking to others who have also experienced a loss can feel like a relief. Sometimes it can feel like the only people that can really understand what you are going through is someone who is in a similar situation.



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The drop-in sessions are designed to offer companionship and support for people who are bereaved and would like the company of others who understand what they are going through. New friendships may also be formed.

The drop-in is informal, but also confidential. This provides the comfort of knowing that whatever you say at the session is safe. Respecting the privacy of each member is vital so it is important that any discussion is not shared with others not attending the drop-in.

Can I receive counselling at the drop-in?

No – however, members of the Bereavement Support Team will be available to speak to privately if you need to.

When does the drop-in take place?

They are held monthly, the first Wednesday of each month from 2pm to 3.30pm in the Garden Group room at St Peter's Hospice, Brentry.

How do I attend

Please let us know that you are interested by contacting our PSS Administrator on 0117 915 9454. A member of the bereavement team will then contact you to discuss it further and give relevant details.

Unfortunately we are unable to provide transport to and from the drop-in.

'For Patients, Families and Bristol'